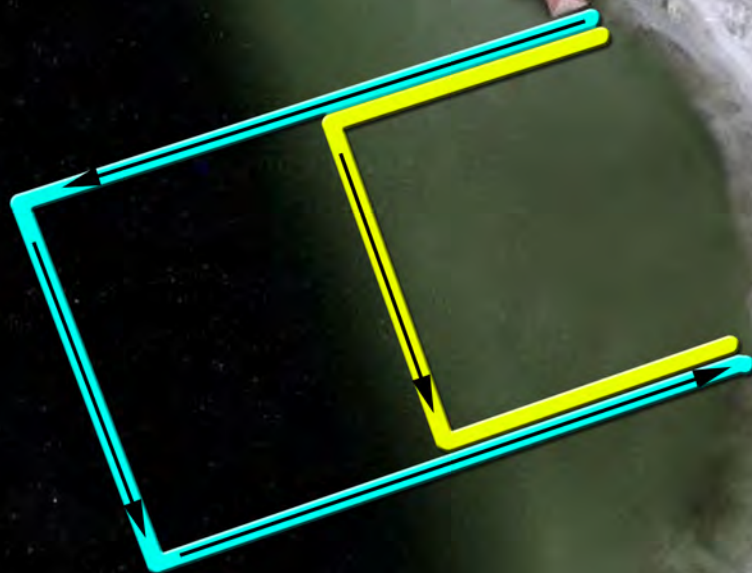


# 2014 Heartland Triathlon



## Adult's Triathlon Swim Course

**Sprint Swim**

**Olympic Swim**

### Course Overview

